

## **Frank Ostaseski –Bio Statement**

Frank Ostaseski is a Buddhist teacher, international lecturer and a leading voice in end-of-life care. In 1987, he co-founded of the **Zen Hospice Project**, the first Buddhist hospice in America. In 2004, he created the **Metta Institute** to provide innovative educational programs and professional trainings that foster compassionate, mindfulness-based care. He is the author of the *Being a Compassionate Companion* audio series.

More info: <http://www.mettainstitute.org>